

- Hume Aged Care Forum 2012 -  
Shaping the Future of Aged Care



# FamilyCare

## Transitions of Care Project

Supporting family carers at all stages of the caring role.

# Presentation Introduction & Overview

- The Issue
- The Research Study
- The Submission
- The Project

# The Issue

- Anecdotal evidence of carers experiences
- Carers need for continued support
- The Research fellowship

# The PHCRED Research Study

*Exploring the Role of the Carer: At home and in the aged care setting*

## The Findings:

- High carer burden present
- High overall positive attitude to the caring role



# Participants written comments

“Whilst caring for my mother I felt I was doing the very best for her. But as her mental condition worsened, which impacted on my own health, I came to realise mum needed professional help.....Even though I had looked after her for 18 years I felt I had let her down.”

“I always thought I would look after my dad at home right to the end.....I felt a failure having to put him in the nursing home, a year down the track my caring role is much easier but I still feel I failed dad.”

“...it has been a sad situation with my husband. I hid the fact for many years and finally had to put him away. I feel terrible. More counselling may help but I will not ask.”

# The Submission

- Transferring research into a framework
- Collaboration with the department
- Final project submission



# The Transitions of Care Project

## Project Scope:

- Project Aims
- Target group



# The Transitions of Care Project

## Key Objectives:

- To develop and trial a proactive preventative support framework.
- To examine activities to promote carer wellbeing.
- To investigate opportunities for improved service system collaboration.





# The Transitions of Care Project

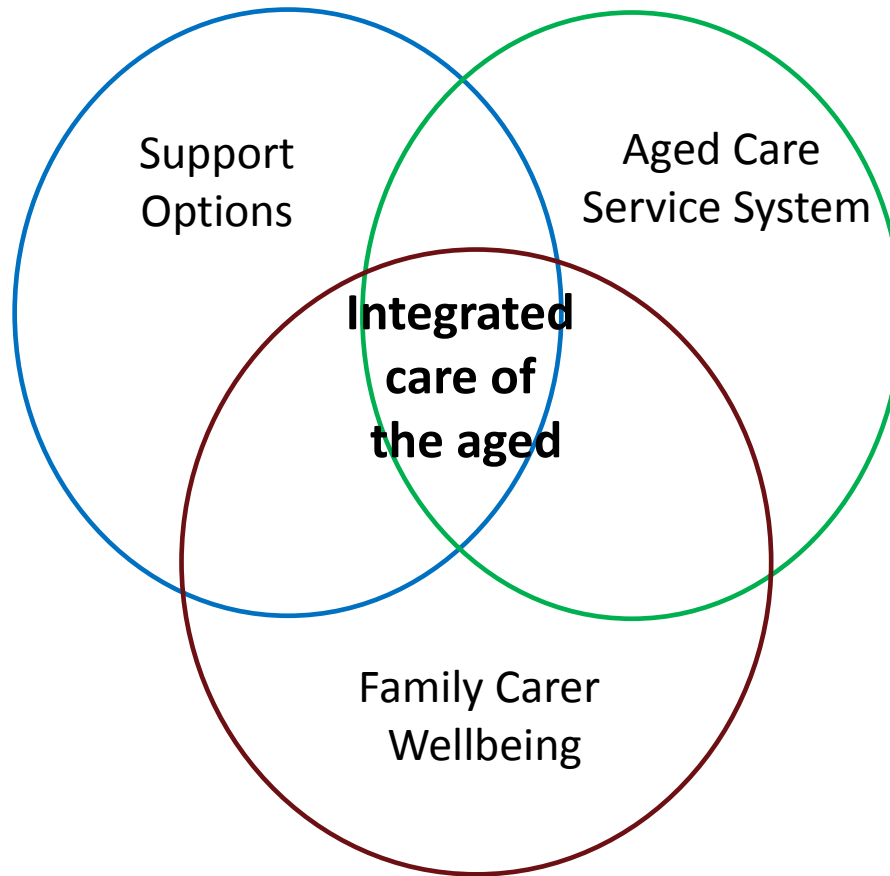
## Method:

- Action Research.
- The project activities will be used as platforms to generate data.
- Information collected will verify and inform the development of further resources.



# Outcomes:

- Stages of the caring role -
- Ageing Process -



Continuum of Care

# Conclusion

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